

中國文化大學 體育運動健康學院 體育學系 必修科目表

115學年度起入學新生實施

必修類別	科目名稱	規定學分	一年級		二年級		三年級		四年級		備註	
			上	下	上	下	上	下	上	下		
通識科目	校本課程	2	1					1				
	國文	4	2	2								
	外文:閱讀與聽講(一)	3	1.5	1.5							3 選 1	
	外文:閱讀與聽講(二)	3			1.5	1.5						
	跨域專長	12			6	6						
	人文學科領域	4	4	4								
	社會領域	4										
共同科目	體育										免修	
通識及共同必修學分合計		32 學分										
專業必修科目	A615 體育與運動科學導論		20	4	4	2	2	4	4			每科 2 學分/學期課
	1405 人體解剖學											
	2886 運動心理學											
	1426.運動生理學											
	1923 運動生物力學											
	A750 體育行政與管理											
	1428 中外體育史											
	4339 肌力與體能訓練											
	M070 運動教練學											
	.. 體育測量與統計											
	1917 田徑	1919 游泳	6	4	2						每科 2 學分/學期課	
	1918 體操											
	1415 籃球	1973 桌球	14	2	2	4	2	2	2			9 選 7 每科 2 學分/學期課
	1419.排球	A758 羽球										
	1417 棒球	1430 柔道										
	1421 足球	拳擊										
	1437 網球											
L780 運動專長訓練		32	4	4	4	4	4	4	4	4		
E204 運動志工服務		4	1	1	1	1						
專業必修學分合計		76 學分										
必修學分總計		108 學分	23.5	20.5	18.5	18.5	10	11	4	4		
最低畢業學分數		128 學分										
其他修業規定：												
全球競爭力檢定		通過全球競爭力檢定，依本校「學士班學生全球競爭力檢定實施辦法」辦理，詳細資訊請參考教務組網頁。 https://reg.pccu.edu.tw/										
倫理課程		參與「職業倫理」、「中華文化專題」，依本校「職業倫理教育實施要點」及「中華文化專題講座實施要點」辦理，詳細資訊請參考綜合業務組網頁。 https://cur.pccu.edu.tw/										
全人學習護照		參與全人學習護照各項學習活動達認證標準，依本校「全人學習護照實施辦法」辦理，詳細資訊請參考課外活動組網頁。 https://activity.pccu.edu.tw/										

Chinese Culture University, Required Courses List, Department of Physical Education

Effective for Students Enrolled in and from the 2026 Academic Year

Categories for Compulsory Courses	Course Title	Credit Hours	1st Year		2nd Year		3rd Year		4th Year		Remark		
			1st semester (Sep)	2nd semester (Feb)	1st semester (Sep)	2nd semester (Feb)	1st semester (Sep)	2nd semester (Feb)	1st semester (Sep)	2nd semester (Feb)			
Required Courses													
General Required Courses	SCHOOL—BASED CURRICULUM	2	1					1					
	CHINESE	4	2	2									
	FOREIGN LANGUAGE READING AND CONVERSATION(1)	3	1.5	1.5							Choose 1 of 3 Courses		
	FOREIGN LANGUAGE READING AND CONVERSATION(2)	3			1.5	1.5							
	INTERDISCIPLINARY PROGRAM	12			6	6							
	ART AND HUMANITIES	4	4	4									
	SOCIAL SCIENCES	4											
Common Courses	PHYSICAL EDUCATION	0	0	0	0	0							
Total General and Common Courses Credits		32	8.5	7.5	7.5	7.5		1					
Required Courses by Department	(A615) Introduction of Physical Education and Sports Science	20	4	4	2	2	4	4					
	(1405) Human Anatomy												
	(2886) Sports Psychology												
	(1426) Exercise Physiology												
	(1923)Biomechanics of Sports												
	(A750) Administration and Management in Physical Education												
	(1428) World History of P.E												
	(4339) Strength Training and Physical Conditioning												
	(M070)Coaching in Sports	6	4	2									
	Sports Measurement and Statistics												
	(1917)Track and Field												
	(1918) Gymnastics												
	(1919) Swimming	14	2	2	4	2	2	2					
	(1415) Basketball												(1437) Tennis
	(1419) Volleyball												(1973) Table Tennis
	(1417) Baseball												(A758) Badminton
	(1421) Soccer												(1430)Judo
Boxing													
(L780) Specific Athletic Sport Training	32	4	4	4	4	4	4	4	4				
(E204) Volunteers and Service Learning in Sport	4	1	1	1	1								
Total Credits of Required Subjects		76	15	13	11	9	10	10	4	4			
Total Required Credits		108	23.5	20.5	18.5	18.5	10	11	4	4			
Graduate Credits		128 Credits											
Other provisions of graduate requirements :													
Global competitiveness	Passing the "Implementation Measures for the Global Competitiveness Assessment of University Students" is mandatory for graduation. Visit the website of the Registration Section for more information. https://reg.pccu.edu.tw/												
Professional Ethics/ Special Topics in Chinese Culture	According to the university's 'Implementation Guidelines for Professional Ethics Education' and 'Implementation Guidelines for Chinese Culture Topics Lectures,' students are required to participate in two-semester courses: 'Professional Ethics' and 'Chinese Culture Topics.' For detailed information, please refer to the website of the Curriculum Section: https://cur.pccu.edu.tw/												
Whole Person Learning Passport	To fulfill the Whole Person Learning Passport requirements, students must actively participate in various learning activities. These activities are organized in accordance with our university's guidelines for the Whole Person Learning Passport. For more detailed information, please visit the website of the Extracurricular Activities Section at https://activity.pccu.edu.tw/ ."												